M.I.T. Sailing Pavilion
Check-off for Provisional Rating

Name: ____________________________  Sailing Card No: ____________

The purpose of the Provisional check-off is to assure the Staff that all members can safely and competently take care of themselves, their guests, and the Tech Dinghy while sailing on the Charles River. Every member is encouraged to take the check-off as soon as they are ready. Anyone taking out a Tech with only a swim rating may be asked to reef or not be allowed to sail based on the wind conditions. Completion of the Provisional allows the member to sail Lasers, Fireflies, and Lynx Catboats in light wind conditions.

**Sailing and Maneuvering**

**Explain and Demonstrate:**
Leaving the dock
Beat, reach, run, jibe and tack
Getting out of irons
Proper trim of sail
Proper trim of boat
Use of centerboard
Man overboard procedure
Landing at dock

**Initials and Date**


**Precautions and Safety**

Restricted sailing areas
Maximum number of people per boat
Procedure after capsize
Explain recall signals
Number of lifejackets required

**Rules of the Road**

Avoid all confrontations when possible
Three basic sailing rules
Right of way between powerboats, sailboats, and rowboats

**Rigging the Tech Dinghy**

Knots: bowline, figure eight, clove hitch, stunsail tack bend, cleat hitch
Launch the boat
Care of boat at dock
Set sail and make boat ready
Haul, unrig and leave boat on dock
Roll sail
Reef sail to first and second degree