

# M.I.T. Sailing Pavilion

## Check-off for Provisional Rating

Name: \_\_\_\_\_

Sailing Card No: \_\_\_\_\_

The purpose of the Provisional check-off is to assure the Staff that all members can safely and competently take care of themselves, their guests, and the Tech Dinghy while sailing on the Charles River. Every member is encouraged to take the check-off as soon as they are ready. Anyone taking out a Tech with only a swim rating may be asked to reef or not be allowed to sail based on the wind conditions. Completion of the Provisional allows the member to sail Lasers, Fireflies, and Lynx Catboats in light wind conditions.

### **Sailing and Maneuvering**

#### **Explain and Demonstrate:**

Leaving the dock

Beat, reach, run, jibe and tack

Getting out of irons

Proper trim of sail

Proper trim of boat

Use of centerboard

Man overboard procedure

Landing at dock

### **Initials and Date**

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### **Precautions and Safety**

Restricted sailing areas

Maximum number of people per boat

Procedure after capsize

Explain recall signals

Number of lifejackets required

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### **Rules of the Road**

Avoid all confrontations when possible

Three basic sailing rules

Right of way between powerboats,  
sailboats, and rowboats

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### **Rigging the Tech Dinghy**

Knots: bowline, figure eight, clove hitch,  
stunsail tack bend, cleat hitch

Launch the boat

Care of boat at dock

Set sail and make boat ready

Haul, unrig and leave boat on dock

Roll sail

Reef sail to first and second degree

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