

# M.I.T Sailing Pavilion

## Check-off for Provisional Rating

Name: \_\_\_\_\_

Sailing Card No: \_\_\_\_\_

Date: \_\_\_\_\_

Approved by: \_\_\_\_\_

The purpose of the Provisional check-off is to assure the Staff that all members can safely and competently take care of themselves, their guests, and the Tech Dinghy while sailing on the Charles River. Every member is expected to take the check-off as soon as they are ready. Anyone taking out a Tech with only a swim rating may be asked to use a small sail or not be allowed to sail based on the wind conditions. Completion of the Provisional allows the member to sail Lasers and Rhodes 19s in light wind conditions.

### **Sailing and Maneuvering**

### **Name and Date**

#### **Explain and Demonstrate:**

Leaving the dock \_\_\_\_\_

Beat, reach, run, jibe and tack \_\_\_\_\_

Getting out of irons \_\_\_\_\_

Proper trim of sail \_\_\_\_\_

Proper trim of boat \_\_\_\_\_

Use of centerboard \_\_\_\_\_

Man overboard procedure \_\_\_\_\_

Landing at dock \_\_\_\_\_

### **Precautions and Safety**

Restricted sailing areas \_\_\_\_\_

Maximum number of people in boats \_\_\_\_\_

Procedure after capsized \_\_\_\_\_

Explain recall signals (Rule 16) \_\_\_\_\_

Number of lifejackets required \_\_\_\_\_

### **Rules of the Road**

Avoid all confrontations when possible \_\_\_\_\_

Three basic sailing rules \_\_\_\_\_

Right of way between powerboats,  
sailboats and rowboats \_\_\_\_\_

### **Rigging the Tech Dinghy**

Knots: bowline, figure eight,  
stunsail tack bend, clove hitch \_\_\_\_\_

Step mast, rig boom and sail \_\_\_\_\_

Launch the boat \_\_\_\_\_

Care of boat at dock \_\_\_\_\_

Set sail and make boat ready \_\_\_\_\_

Haul, unrig and stow boat inside \_\_\_\_\_

Haul, unrig and leave boat on dock \_\_\_\_\_

Roll sail \_\_\_\_\_

Furl sail on boom \_\_\_\_\_

Rig a small sail \_\_\_\_\_

Proper method of cleating the halyard \_\_\_\_\_